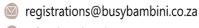


MENU STAGE 2: 8 months +

MENU STAGE 2 8 months +	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Breakfast	Cooked Purity Maize Banana	Purity Maize	Purity Banana	Purity Honey	Purity Mixed Fruit
Morning snack	Milk Feed	Milk Feed	Milk Feed	Milk Feed	Milk Feed
Lunch-Stage 2 8 months +	Pumpkin & Carrot	Chicken & Broccoli	Butternut & Sweet Potato	Beef & Carrot	Potato & Squash
Snack	Own Snack	Own Snack	Own Snack	Own Snack	Own Snack
Week 2					
Breakfast	Purity Honey	Purity Banana	Purity Maize	Purity Mixed fruit	
Lunch-Stage 2	Butternut & Baby	Chicken & Peas	Pumpkin &	Minced Beef,	Vegetable Medley (green or
8 months +	Marrow		Carrot	potato & Squash	yellow)
Week 3	1	1	1	<u> </u>	
Breakfast	Cooked Purity Maize Banana	Purity Maize	Purity Banana	Purity Honey	Purity Mixed fruit
Lunch-Stage 2 8 months +	Pumpkin & Carrot	Chicken & Broccoli	Butternut & Sweet Potato	Beef & Carrot	Potato & Squash
Snack	Own Snack	Own Snack	Own Snack	Own Snack	Own Snack
Week 4		•	•		•
Breakfast	Purity Honey	Purity Banana	Purity Maize	Purity Mixed fruit	Cooked purity maize strawberry
Lunch-Stage 2 8 months +	Butternut & Baby Marrow	Chicken & Peas	Pumpkin & Carrot	Minced Beef, potato & Squash	Vegetable Medley (green or yellow)
Snack	Own Snack	Own Snack	Own Snack	Own Snack	Own Snack



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